

End Points

Year 1 – Making smoothies



What I know and can explain

- To know that a blender is a machine which mixes ingredients together into a smooth liquid.
- To know that a fruit has seeds.
- To know that fruits grow on trees or vines.
- To know that vegetables can grow either above or below ground.
- To know that vegetables is any edible part of a plant (e.g. roots: potatoes, leaves: lettuce, fruit: cucumber).
- Designing smoothie carton packaging by-hand.
- Chopping fruit and vegetables safely to make a smoothie.
- Juicing fruits safely to make a smoothie.
- Tasting and evaluating different food combinations.
- Describing appearance, smell and taste.
- Suggesting information to be included on packaging.
- Comparing their own smoothie with someone else's

Useful vocabulary

blender
fruit
healthy
ingredients
recipe
smoothie
vegetable
seed
root

flavour
design
cut
juice
table
knife
juicer
chopping board
evaluate

