

End Points

Year 2 – Making a wrap



What I know and can explain

- To know that 'diet' means the food and drink that a person or animal usually eats.
- To understand what makes a balanced diet.
- To know that the five main food groups are: carbohydrates, fruits and vegetables, protein, dairy and foods high in fat and sugar.
- To understand that I should eat a range of different foods from each food group, and roughly how much of each food group.
- To know that 'ingredients' means the items in a mixture or recipe.
- Designing three wrap ideas based on a food combination which work well together.
- Chopping foods safely to make a wrap.
- Constructing a wrap that meets a design brief.
- Grating foods to make a wrap.
- Snipping smaller foods instead of cutting.
- Describing the taste, texture and smell of fruit and vegetables.
- Taste testing food combinations and final products.
- Describing the information that should be included on a label.

Useful vocabulary

appearance
balanced
carbohydrates
combination
dairy
design
design brief
diet
grate

menu
oils
prepare
proteins
review
scissors
snip
spread

