

End Points

Year 6 – Come dine with me



What I know and can explain

- To know that 'flavour' is how a food or drink tastes.
- To know that many countries have 'national dishes' which are recipes associated with that country.
- To know that 'processed food' means food that has been put through multiple changes in a factory.
- To understand that it is important to wash fruit and vegetables before eating to remove any dirt and insecticides.
- To understand what happens to a certain food before it appears on the supermarket shelf (Farm to Fork).
- Writing a recipe, explaining the key steps, method and ingredients.
- Including facts and drawings from research undertaken
- Following a recipe, including using the correct quantities of each ingredient.
- Adapting a recipe based on research.
- Working to a given timescale.
- Working safely and hygienically with independence
- Suggesting and writing up points of improvements when scoring others' dishes, and when evaluating their own throughout the planning, preparation and cooking process.
- Evaluating health and safety in production to minimise cross contamination

Useful vocabulary

bitter
balance
complement
farm to fork
method
nationality
reared
research

pairing
preparation
salty
sour
storyboard
sweet
umamu

