

# End Points

## Tennis



### Year 3

- Tap the ball off racket (tapping it to the ground, tapping it up off the racket, tapping up with one bounce etc.)
- Tap the ball back and forth to partner
- Stand in a ready position holding the racket correctly
- Change from the ready position before tapping the ball back to partner
- Begin to know what forehand and backhand positions mean
- Begin to attempt to serve the ball

### Year 4

- Tap the ball back and forth to a partner over a small space
- Begin to tap a ball over a net allowing for a bounce
- Quickly move from ready position to a forehand/backhand position
- Bring the racket to meet the ball for a forehand and backhand hit
- Know to use two hands for an effective backhand
- Serve the ball making sure it lands 'in' the other side

### Year 5

- Tap the ball using either a forehand or backhand motion
- Move towards the ball from 'ready' position choosing either forehand or backhand depending on where the ball is
- Set racket back in its ready position quickly upon recovery
- Demonstrate correct swing technique when hitting the ball over a net
- Serve the ball with increasing accuracy

### Year 6

- Turn and run to the ball getting into a forehand or backhand position en route
- Use 'move-hit-recover' approach within a game facing forward on recovery
- Show a range of grips when demonstrating a backhand (continental, chopper, hammer grip)
- Use the correct swing technique and control with smooth swings keeping the path of the racket the same
- Serve accurately

